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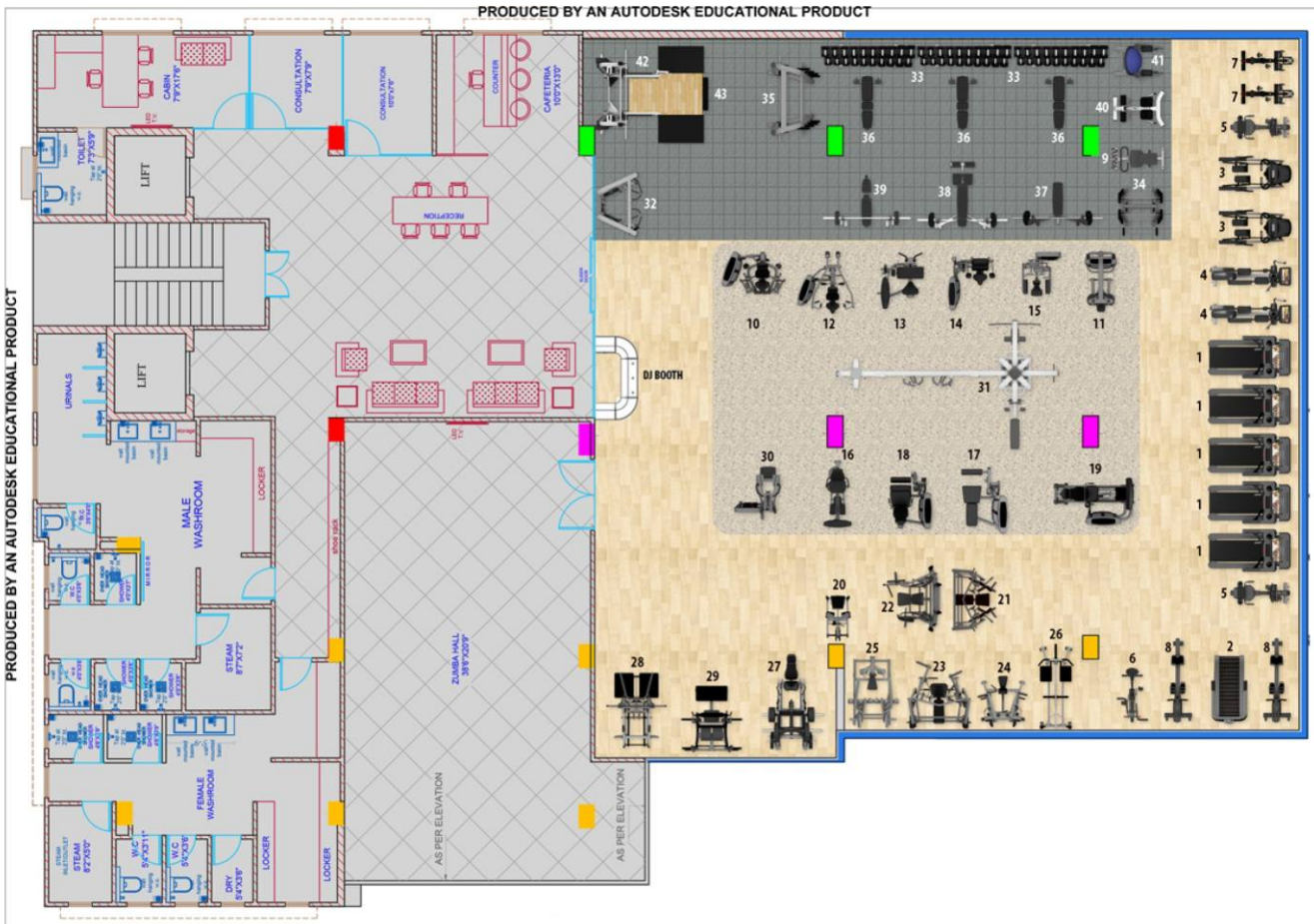
LIFEFITNESS FACILITY DESIGN

MR. NITESH JAIN

GYM 3D VIEWS

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PRODUCED BY AN AUTODESK EDUCATIONAL PRODUCT



ELECTRICAL REQUIREMENTS

- 15 AMPS (POWER POINT 6"ABOVE FROM GROUND)
- STB (5 AMPS POWER SOCKET)
- 3KVA ONLINE UPS / STABELIZER





"ECORE" FLOORING DETAILS



BOUNCE 2 WHEAT.

TOTAL GYM AREA - 4452 SQ. FT | SALES CONTACT : SAILESH | CONTACT : +91 7738629997 | DATE : 03 - 02 - 22 | GV/LF/QTE/21/4334

PRODUCT LIST

CARDIO :

1. INTEGRITY SSE3-HD TREADMILL - 5 NOS
2. HS HD PERFORMANCE TREADMILL - 1 NOS
3. DSE3-HD ARC TRAINER TOTAL BODY - 2 NOS
4. INXSE SE3 HD CROSS-TRAINER - 2 NOS
5. INTEGRITY DSL REC. BIKE - 2 NOS
6. HS HD PERFORMANCE AIR BIKE- 1 NOS
7. GROUP EXERCISE BIKE IC4 - 2 NOS
8. HEAT PERFORMANCE ROWER - 2 NOS

STRENGTH :

9. AXIOM FLEXIBILITY TRAINER - OP-FS - 1 NOS
10. INSIGNIA SERIES CHEST PRESS SS-CP - 1 NOS
11. INSIGNIA SERIES PEC FLY/REAR SS-FLY - 1 NOS
12. INSIGNIA SERIES SHOULDER PRESS SS-SP - 1 NOS
13. AXIOM DUAL BICEPS/TRICEPS - 1 NOS
14. INSIGNIA SERIES ABDOMINAL SS-AB - 1 NOS
15. HS SELECT LATERAL RAISE HS-LR - 1 NOS
16. AXIOM DUAL HIP ABDUCTOR/ADDUCTOR - 1 NOS
17. INSIGNIA LEG CURL SS-LC - 1 NOS
18. INSIGNIA LEG EXT. SS-LE - 1 NOS
19. INSIGNIA SEATED LEG PRESS SSSLP - 1 NOS
20. HS PL SEATED CALF RAISE PL-CALF - 1 NOS
21. HS PL ISO-LATERAL WIDE CHEST IL-WC - 1 NOS
22. HS PL ISO-LATERAL INCLINE PRESS ILIP - 1 NOS
23. HS PL ISO-LATERAL DECLINE PRESS IL-DCP - 1 NOS
24. HS PL ISO-LATERAL FRONT LAT PULLDOWN IL-PD - 1 NOS
25. HS PL ISO-LATERAL ROWING IL-ROW - 1 NOS
26. HS PL T-BAR ROW PL-TBR - 1 NOS
27. HS PL LINEAR LEG PRESS HSLLP - 1 NOS
28. HS PL BELT SQUAT PL-BSQ - 1 NOS
29. HS PL GLUTE DRIVE - PLGLD - 1 NOS
30. HAMMER STRENGTH SELECT STANDING CALF HS-SC - 1 NOS
31. MULTI JUNGLE 5-STACK TOWER MJ5 - 1 NOS
32. CABLE MOTION DUAL ADJ. PULLEY CMDAP - 1 NOS

BENCHES & RACKS :

33. SIGN. 2 TIER DUMBBELL RACK SDR2 - 3 NOS
34. SIGN. BARBELL RACK - OP-BBR - 1 NOS
35. SIGN. SMITH MACHINE OPSM - 1 NOS
36. SIGN. MULTI-ADJ. BENCH SMAB - 3 NOS
37. SIGN. OLY. FLAT BENCH SOFB - 1 NOS
38. SIGN. OLY. DECLINE BENCH SODB - 1 NOS
39. SIGN. OLY. INCLINE BENCH SOIB - 1 NOS
40. SIGN. BACK EXT. SBE - 1 NOS
41. SIGNATURE SERIES LEG RAISE SLR - 1 NOS
42. HD ELITE STAND ALONE RACK - HALF RACK - 1 NOS
43. HS HALF RACK 6*8 RUBBER PLATFORM - 1 NOS

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WILL FIND A WAY.
FITNESS CLUB


LIFE HAS UPS & DOWN.
WE CALL THEM SQUATS
IF YOU STILL LOOK CUTE AFTER WORK OUT,
YOU DIDN'T GO HARD ENOUGH
LIFE IS SHORT. LIFT HEAVY THINGS
FULL BODY
STRENGTH
ALL STANDING


FITNESS CLUB
LIFE HAS UPS & DOWN.
WE CALL THEM SC
IF YOU STILL LOOK CUTE AFTER WORK
YOU DIDN'T GO HARD ENOUGH
LIFE IS SHORT, LIFT HEAVY THINGS


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STOP
WISHING
START
DOING


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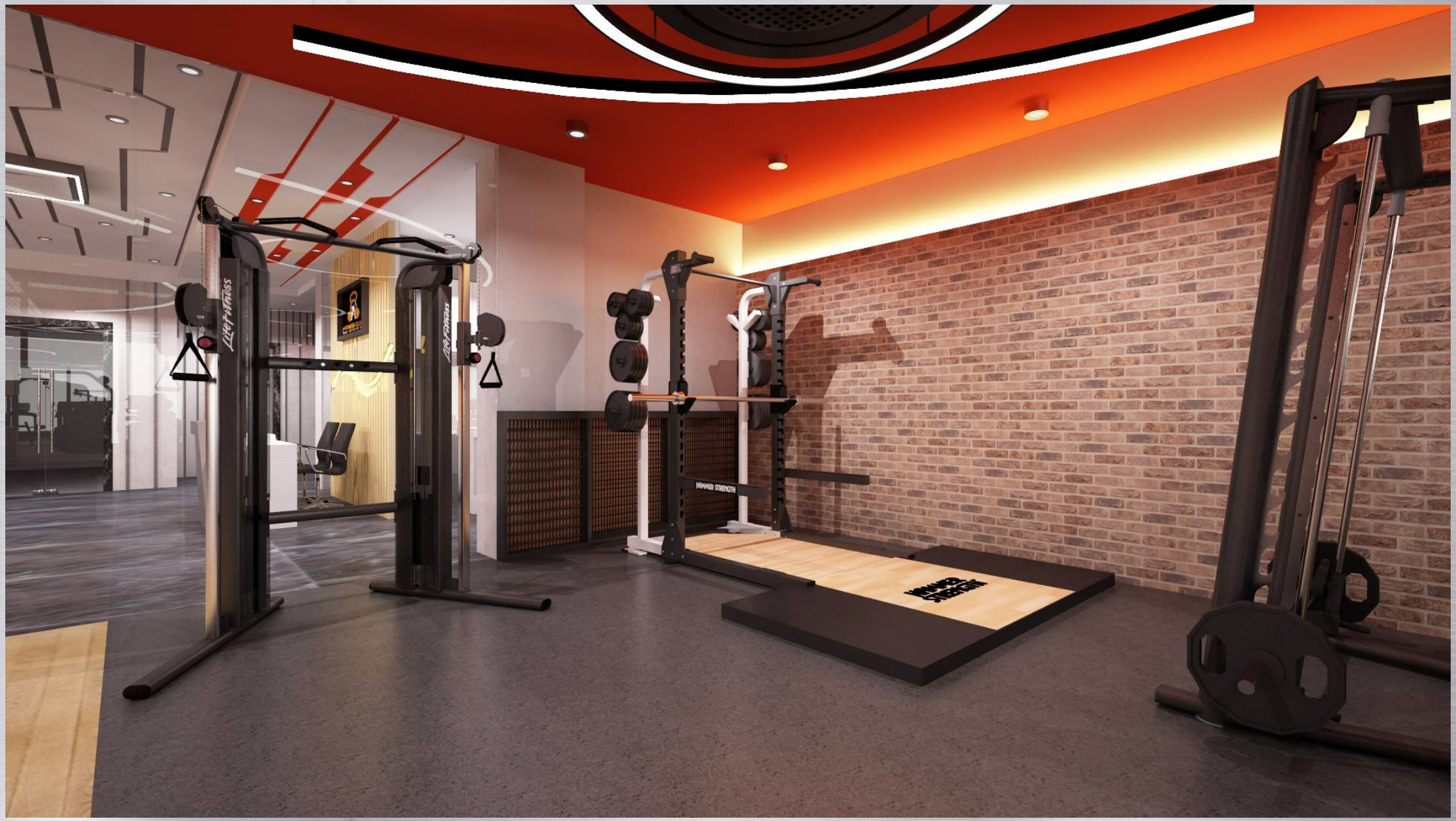


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WHEN YOU WANT TO
GIVE UP
REMEMBER
WHY YOU STARTED
DON'T
WAIT!
TIMING WILL NEVER
BE JUST RIGHT
I don't stop
WHEN
I'M TIRED
I stop when
I'M DONE


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2D LAYOUT



3D LAYOUT



WALKTHROUGH



VIRTUAL REALITY (VR)

OUR BRANCHES



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